Trimester 3

Fitness & Games
In this option we will run interval training and attempt many fitness challenges. THe goal is to become more fit and spend time outside being active. We will also have days of playing sports and outdoor games.

Movie Madness
In this option, we will discuss everything we can about movies, from set design, scripts, costumes and props. We will use what we learn to recreate our favourite trailers or create our own action movie. It will be a fair split between topic learning and topic application.

Financial Management:
In this option students will develop the financial literacy necessary to make informed decisions about their financial life. Students will learn about budgeting, money management, and investments. We will discuss credit cards, money loans, wants vs. needs, and financial problem solving.

Gardening:
In this option, students will have the opportunity to learn about and experience gardening. Students will plant and tend to a vegetable garden on school grounds. They will work together learning about the types of vegetables they are planting and figure out the best way to arrange their garden beds.

The Ingredient Lab:
This course will be in two parts. First students will learn about *Canada's Food Guide* through fun activities, creative recipes, and cooking lessons. For the final challenge of this section students will apply their learning to create a signature dish. In the second part, students will explore key ingredients' role in the sensory quality of recipes. Students will use their senses to evaluate different recipe variations' appearance, texture, smell, and taste. Students will have the opportunity to make various career connections and will develop their own recipe.

Computer Science
Explore the fundamentals of computer science, designed to equip students with essential coding and problem-solving skills. Dive into block coding, debugging, and Artificial Intelligence while mastering key concepts such as algorithms, data structures, and software development methodologies. With hands-on projects and real-world applications, students will emerge prepared to tackle the challenges of the digital age with confidence.